



**PREMIER
CARDIOVASCULAR
CONSULTANTS**
O F M I C H I G A N

Loop Instruction's

- Stop taking Eliquis, and Coumadin 2-3 days prior to the loop insertion or loop removal.
- Continue all other medication not listed above.
- Eat a light meal prior as the medication given (Lidocaine) to numb the area may cause you to be slightly jittery or anxious. That will dissipate quickly after the device is inserted or removed.
- You must keep the area clean, dry and covered with an antibiotic ointment and bandage.
- You will come back in one week from the day to have your sutures removed. Once removed you will again need to keep the area clean dry, and covered as before.

A representative will be here to explain the do's and dont's of your new internal loop recorder. Afterwards a medical assistant will prep and sterilize the incision site by shaving the area applying betadine, and then covering the area with a sterile field. Once the sterile field has been placed you will have to sit still with your hands down at your side so there is no cross contamination. The doctor will then numb the area with Lidocaine creating a small pocket for the internal loop recorder to be placed. At that time the doctor will then make the small incision, you should not feel any pain, only pressure. The device will then be inserted under the skin and 1-2 sutures will be placed and the procedure will be complete. The procedure will take about 30 minutes to be completed.

Please contact our office at least 2 days in advance if you have any questions or concerns at phone number 810-969-4040 ex 2

Patient Signature: _____ Date: _____